

ACTIVE LEARNING TEMPLATE: *Basic Concept*

STUDENT NAME _____

CONCEPT _____ REVIEW MODULE CHAPTER _____

Related Content

(E.G., DELEGATION,
LEVELS OF PREVENTION,
ADVANCE DIRECTIVES)

Substance use disorders are related to alcohol, caffeine, cannabis, hallucinogens, inhalants, opioids, sedatives/hypnotics/ anxiolytics, stimulants, tobacco, and other (or unknown) substances. A substance use disorder involves repeated use of chemical substances, leading to clinically significant impairment during a 12 month period. Non substance related disorders (behavioral/ process addictions) include gambling, sexual activity, shopping, social media, and Internet gaming

Underlying Principles

1. Cognitive behavioral therapies decrease anxiety and promote a change in behavior.
2. Acceptance and commitment therapy promotes acceptance of the client and promotes a commitment to change.
3. Relapse prevention therapy assists clients in identifying relapse and promotes self control.
4. Group therapy allows clients who have similar diagnoses to work together toward recovery.
5. Family therapy allows the client and family members to work together toward recovery.
6. Narcotics Anonymous provides a 12 step program to promote recovery and abstinence from future substance use.

Nursing Interventions

WHO? WHEN? WHY? HOW?

1. Perform a nursing self assessment.
2. Maintain a safe environment.
3. Implement seizure precautions.
4. Orient the client to time, place, and person.
5. Create a low stimulation environment.
6. Monitor the client's vital signs and neurological status.